

## **Pre-Existing Medical Conditions and Disabilities**

**If you have a Disability Rating, VA or Social Security, the FAA must be notified.**

**If you have a medical condition being treated by your physician, the FAA must be notified.**

**AME's can issue a medical certificate** for many common medical conditions.

**Conditions AME's Can Issue (CACI's):** Arthritis, Asthma, Bladder Cancer, Breast Cancer, Chronic Immune Thrombocytopenia, Chronic Kidney Disease, Colitis, Colon Cancer, Glaucoma, Hepatitis C-Chronic, Hypertension, Hypothyroidism, Headaches, Mitral Valve Prolapse, Pre-Diabetes, Primary Hemochromatosis, Prostate Cancer, Renal Cancer, Retained Kidney Stones, Testicular Cancer.

Other medical conditions require FAA Special Issuances (waivers), that require submission of medical records to the FAA.

**We can determine what you need and help you through the process.**

**Some common medical condition requirements:**

### **Arthritis**

If you have osteoarthritis with occasional use of NSAIDs (Ibuprofen, Advil, Motrin, Aleve, Naproxen, etc.) to control your discomfort – we can issue a certificate!

If you have arthritis other than osteoarthritis, or require medication stronger than NSAIDs (Ibuprofen, Advil, Motrin, Aleve, Naproxen, etc.) to control your osteoarthritis you must bring:

- A letter from your treating physician within **90 days** regarding your current functional status (including any problems with strength, motion or pain), and your medications and side effects.
- Any other pertinent medical reports regarding your arthritis.
- The following labs, drawn within **90 days** of your visit: CBC, Liver function test, Creatinine.
- If you are taking hydroxychloroquine (Plaquenil), you require an Eye Evaluation FAA Form 8500-14, by an Ophthalmologist.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

### **Asthma**

If you have asthma you must bring:

- A letter from your treating physician within **90 days** regarding your current stability (including frequency of inhaler use, use of steroids, visit to a hospital or urgent care) as well as your medications and side effects.
- If you use more than one medication to control your asthma, or you use your rescue inhaler more than twice a week, you must bring:

- Results of Pulmonary Function Testing, done within **90 days** of your visit.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## **Bladder Cancer**

If you had bladder cancer treated **more than 5 years ago** – we can issue a certificate!

If you had bladder cancer treated **less than 5 years ago** you must bring:

- A letter from your treating physician within **90 days** regarding your current stability including comments on the following:
  - No metastases or spread outside the bladder.
  - Active treatment is completed and no further treatment is recommended.
  - If you had surgery, that you are off pain medication, fully recovered and released by your surgeon.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## **Breast Cancer**

If you had breast cancer treated **more than 5 years ago** – we can issue a certificate!

If you had breast cancer treated **less than 5 years ago** you must bring:

- A letter from your treating physician within **90 days** regarding your current stability including comments on the following:
  - Pathology report.
  - Stable with no evidence of disease, and radiation treatment is completed.
  - If you had surgery, that you are off pain medication, fully recovered and released by your surgeon.
  - Use of approved medications: tamoxifen, anastrozole, letrozole, or exemestane.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## **Chronic Immune Thrombocytopenia**

If you had thrombocytopenia **more than 5 years ago** with no required treatment or surveillance – we can issue a certificate!

If you had drug induced thrombocytopenia **less than 5 years ago** you must bring:

- A letter from your treating physician within **90 days** regarding your current stability including comments on the following:
  - Condition resolved, no symptoms, no treatment or surveillance needed.

If you had immune thrombocytopenia (ITP) **less than 5 years ago** you must bring:

- A letter from your treating physician within 90 days regarding your current stability including comments on the following:
  - Condition is Chronic ITP, platelets above 50,000, 12 months since diagnosis, no splenectomy, no use of antiplatelet medications, no increased risk of bleeding.
  - No current treatment and back to unrestrictive activities.
  - CBC within 90 days shows platelet count above 50,000 and no anemia or leukopenia.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## Colitis

If you have colitis you must bring:

- A letter from your treating physician within **90 days** regarding your current stability, symptoms, cause of colitis.
- A list of your medications for your colitis.
- Not acceptable medications: infliximab, hyoscyamine use more than twice a week, prednisone dosage equivalent more than 20 mg/day, or Loperamide more than 16 mg/day.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## Colon Cancer

If you had colon cancer treated **more than 5 years ago** – we can issue a certificate!

If you had colon cancer treated **less than 5 years ago** you must bring:

- A letter from your treating physician within **90 days** regarding your current stability including comments on the following:
  - Condition is stable with no concerns and back to full daily activities.
  - CEA, CBC, treatment, pathology, recurrence concerns, metastasis, TNM Stage.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## **Diabetes or Pre-Diabetes**

If you have diabetes that is diet controlled – we can issue a certificate!

If you have diabetes treated with medication Metformin, you must bring:

- A letter from your treating physician within **90 days** stating that your diabetes or pre-diabetes is stable and comments on the following:
  - No changes in treatment are recommended.
  - No hypoglycemic events in the past 12 months.
  - A hemoglobin A1C done within **90 days** of your visit, less than 6.5 mg/dl.
  - A fasting blood glucose done within **90 days** of your visit, less than 126 mg/dl.

If you meet these criteria, we can issue a certificate!

If you are treated with any other oral medications, or insulin, you must bring the above information for submission to the FAA.

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## **Essential Tremor**

If you have an essential tremor that does not require medications, not progressing, and has no functional limitations – we can issue a certificate!

If you have an essential tremor requiring medications you must bring:

- A letter from your treating physician within **90 days** regarding your current stability including comments on the following:
  - Verifies diagnosis, condition stable, not disabling.
  - Treatment with appropriate medication: propranolol, metoprolol, Lopressor.

If you meet these criteria, we can issue a certificate!

If you have any other type of tremor, you must have a neurological evaluation.

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## **Glaucoma**

If you have glaucoma you must bring:

- An Eye Evaluation, FAA Form 8500-14, by an Ophthalmologist.
- A list of your medications.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## **Hypertension**

Your blood pressure is **155/95** or less – we can issue a certificate!

If your blood pressure requires medications, you must:

- Have been taking medication for at least 7 days.
- FAA approved medications: Alpha blockers, Beta Blockers, calcium channel blockers, ACE inhibitors, ARBs, direct renin inhibitors, and direct vasodilators. (Not approved medication is a Centrally Acting antihypertensive, Clonidine).
- No more than three medications to control blood pressure. (Each ingredient in a combination product counts as a separate medication)

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## **Hypothyroidism**

If you had hypothyroidism no longer requiring treatment – we can issue a certificate!

If you have hypothyroidism being treated, you must bring:

- A letter from your treating physician within **90 days** stating that your hypothyroidism is stable and no treatment changes are recommended.
- A TSH done within **one year** of your visit, less than 9.9 mIU/L.
- Acceptable medications: Levothyroxine sodium, porcine thyroid, liothyronine, liotrix.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## **Migraine or Chronic Headache**

If you have Stress Headaches or Tension Headaches controlled with over-the-counter medications, less than 2 days per month, and not incapacitating – we can issue a certificate!

If you have chronic headaches, migraine with aura or tension or cluster, you must bring:

- A letter from your treating physician within **90 days** stating that your condition is stable and comments on the following:
  - No treatment changes are recommended.
  - Type of headache (acceptable: Classic migraine, Tension, Cluster) (Unacceptable: Ocular Migraine, Complicated Migraine)
  - Frequency, symptoms, and severity of headaches.
  - Associated neurologic phenomena.
  - Medications with doses and side effects, including Preventive medications and Abortive medications.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## Prostate Cancer or BPH

If you have Benign Prostate Hypertrophy (BPH) or an elevated PSA with no evidence of prostate cancer – we can issue a certificate!

If you had non-metastatic prostate cancer treated **more than 5 years ago** – we can issue a certificate!

If you had prostate cancer treated **less than 5 years ago** you must bring:

- A letter from your treating physician within **90 days** stating that your condition is stable and comments on the following:
  - No treatment changes are recommended.
  - A statement of stability with no spread.
  - No evidence of metastases.
  - Active treatment is completed and no further treatment is recommended.
  - If you had surgery, that you are off pain medication, fully recovered and released by your surgeon.
  - A prostate specific antigen (PSA) test done within **6 months** of your visit.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## Renal Cancer

If you had non-metastatic Renal Cancer **more than 5 years ago** – we can issue a certificate!

If you had renal cancer treated **less than 5 years ago** you must bring:

- A letter from your treating physician within **90 days** stating that your condition is stable and comments on the following:
  - No treatment changes are recommended.
  - Any evidence of chemotherapy, disease recurrence, metastases or extra capsular extension, staging, paraneoplastic syndrome.
  - If you had surgery, that you are off pain medication, fully recovered and released by your surgeon.
  - Condition is stable with no concerns and back to full daily activities.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## **Kidney Stones**

If you had kidney stones **more than 5 years ago** – we can issue a certificate!

If you had a single kidney stone passed **less than 5 years ago**, with follow-up imaging to verify no stone – we can issue a certificate!

If you had multiple or retained asymptomatic kidney stones **less than 5 years ago**, you must bring:

- A letter from your treating physician within **90 days** stating that your condition is stable and comments on the following:
  - No increase in size or number of stones.
  - Unlikely to cause an incapacitating event.
  - No history of complications from stones.
  - If you had surgery, that you are off pain medication, fully recovered and released by your surgeon.
  - Your current treatment plan for your kidney stones.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**

## **Testicular Cancer**

If you had non-metastatic testicular cancer **more than 5 years ago** – we can issue a certificate!

If you have had testicular cancer treated **less than 5 years ago** you must bring:

- A letter from your treating physician within **90 days** stating that your condition is stable and comments on the following:
  - Any evidence of disease recurrence or metastasis.
  - Active treatment is completed and no further treatment is recommended.

- If you had surgery, that you are off pain medication, fully recovered and released by your surgeon.

If you meet these criteria, we can issue a certificate!

**If you do not meet these criteria, you may still be able to fly, but you will require special issuance from the FAA. Please bring all of the above so we can help you apply for the special issuance.**